

COMMUTING SAFETY SUPPORT PROGRAM (CSSP) 2022

Daiken Sarawak Sdn. Bhd. (DSK) proudly announced that DSK was the one been selected to participate in the two-days Commuting Safety Support Program (CSSP) 2022 conducted by SOCSO and MIROS in Sarawak.

The first day of CSSP 2022 was kicked-start with the Train-the-Trainers (TTT) program. Representatives from SHC members were briefed on road accidents statistics as introduction. Next, the participants were introduced to the first module related to Malaysian Standards about road traffic safety, for examples, MS ISO 39001:2013 (Malaysian Standards on Road Traffic Safety Management System), SIRIM Standard SIRIM 4:2014 (Good Practices in Implementing Commuting Safety Management) and MS ISO 39002:2020 (Road Traffic Safety – Good Practices for Implementing Commuting Safety Management). The following modules were Family Safety Reminder and Route Hazard Mapping, where the participants were actively involved in composing the “I Pledge” Family Safety Reminder card and identified the hazards that were present along the route to and from the workplace.

The form is titled "LAMPIRAN 1" and is divided into several sections. At the top left, there is a box for "FOTO ANDA" and "LOGO SYARIKAT". Below this, there are fields for "NAMA:", "JABATAN:", and "NO. STAF:". The main body of the form is titled "SAYA BERIKRAR..." and contains a pledge statement: "Ayo katakan apa yang akan anda lakukan untuk mengemangi keselamatan jalan raya untuk diri sendiri dan orang lain:". Below this is a list of five numbered lines for writing. To the right, there is a section titled "PESANAN KELUARGA SAYA UNTUK SAYA SELAMAT SAMPAI" with a large empty box for writing. Below that is a box for "FOTO KELUARGA ANDA". At the bottom, there are three fields for "Tandatangan pekerja:", "Tandatangan penyelia:", and "Tarikh:".

Photo 1: “I Pledge” Family Safety Reminder Card

The form is titled "LAMPIRAN 2" and is divided into several sections. At the top, there are fields for "NAMA:", "JABATAN:", and "NO. STAF:". To the right, there are fields for "ALAMAT RUMAH:", "NO. TELEFON:", and "NO. TELEFON (UKA BERLAKU KECEMASAN):". Below this is a box for "LOGO SYARIKAT". The main body of the form is titled "LALUAN DARI RUMAH KE TEMPAT KERJA (... KM)" and contains a diagram showing a route from "RUMAH" to "TEMPAT KERJA" with a double-headed arrow. Below the diagram is a section titled "K. KAWASAN HAZARD" with a list of five numbered lines for identifying hazards. To the right of this list is a section titled "Apa anda lakukan bagi mengurangkan risiko:" with another list of five numbered lines. At the bottom, there are three fields for "Tandatangan pekerja:", "Tandatangan penyelia:", and "Tarikh:".

Photo 2: Route Hazard Mapping Card

The second day of CSSP 2022 was begin with the introduction of the program objectives and program modules for the day to all the participants. This day, more participants including representatives from SHC members and other DSK staffs and in-house contractors who were motorcyclists. As an ice-breaking activity, the participants were divided into three groups to identify the road traffic sign and linked the sign with the correct explanation. Then, the program proceeded with the welcome note from SOCSO Bintulu.



Photo 3: Madam Suraya from DSK shared the road traffic sign with its explanation.



Photo 4: Mr. Jimmy from SOCSO Bintulu was giving his welcome note.

The program was continued with the next modules at outdoor which were motorcycles inspection and safe defensive driving. Before the modules begin, SOCSO Bintulu offered the motorcyclist helmets as souvenirs to all the participants.



Photo 5: DSK staff, Mr. Canadie received the helmet from Mr. Jimmy.



Photo 6: Group photos of SOCSO Bintulu, MIROS and all the participants.

Motorcycles inspection module was begin with the introduction of the motorcycle inspection checklist. The facilitators from SOCSO Bintulu explained the items to be inspected on the motorcycles daily and monthly. Furthermore, the facilitators also demonstrated the proper method to wear a motorcycle helmet and introduced the PPE that were suitable for the motorcyclists during driving. The PPE introduced besides helmet were reflective vest, shoes, shoes cover and rain coat, reflective jacket and gloves. The program continued with the safe defensive driving where the facilitators showed the proper motorcycle driving and braking method. After the theory session completed, the participants were divided into groups to inspect the motorcycles according to the checklist.



Photo 7: Facilitator from SOCSO introduced the motorcycle inspection checklist.



Photo 8: Facilitator explained the items and method of motorcycle inspection.



Photo 9: Facilitator demonstrate the proper method of wearing helmet.



Photo 10: Facilitator showed the PPE for driving motorcycle.



Photo 11: Safe Defensive Driving demonstration.



Photo 12: Participants were inspecting the motorcycles.

The program continued with another module which was Commuting Safety Talk to introduce the road traffic accidents, danger of speeding, usage of PPE and safe riding. Then, the participants were briefed about Route Hazard Mapping and Family Safety Reminder. The participants were facilitated by the representatives from SHC members who had attended the module before the day. The participants were divided into groups and prepared their Route Hazard Mapping and presented the hazard that they identified along the route of coming to and back from workplace.



Photo 13: Participants were drawing the route hazard mapping.



Photo 14: Mr. Kilee from DSK presented the hazard identified.



Photo 15: Mr. Dominic from Trackcon presented the hazard identified.



Photo 16: Mr. Iklhas from DSK shared his "I Pledge" Family Safety Reminder Card.

The last module of the program was proceeded with Fitness to Ride Assessment including fatigue screening and physical assessment. Participants were required to answer the questionnaires and calculate the score for sleepiness assessment, fatigue screening and physical assessment such as BMI, smoking habit and others. The program was then ended with short summary and closing note.

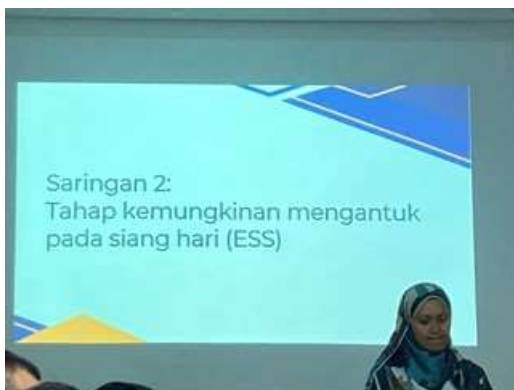


Photo 17: Sleepiness assessment.



Photo 18: Fatigue assessment.